



2019 Yelm Prairie Stampede 5K Walk/Run

Sponsored by Rotary Club of Yelm

Sunday, June 30, 2019

Registration begins at 7:30 am

Race begins at 9:30 am

Location: Yelm Middle School

402 West Yelm Ave, Yelm, WA

www.yelmrotary.org

ENTRY FEES:

-\$25 Pre-Registration (T-shirt included if registered by June 1 - No guarantee of t-shirt availability after June 1)

-\$30 Day of Race Registration (No guarantee of t-shirt availability)

Day of race t-shirt/number pickup and registration will begin at 7:30 am at the start/finish line at Yelm Middle School. *This is a certified course.*

Mail entries to: Rotary Club of Yelm, PO Box 2534, Yelm, WA 98597

In Person registration: Timberland Bank – Yelm or American Family Insurance

For more information: Call: Sandi Hanson 253-861-5907 or visit our website at www.yelmrotary.org.

Name: _____ Age: _____

Address: _____ City _____ State _____ Zip _____

Phone (Day) _____ Evening _____

Email _____ Male _____ Female _____

If Rotarian, please list your club and member number _____

T-Shirt Size: S _____ M _____ L _____ XL _____ XXL _____

Please select your group:

- **Junior** 18 and under 1st, 2nd, 3rd
- **Open** 19-39 1st
- **Master** 40-49 1st
- **Senior** 50-59 1st
- **Veteran** 60-69 1st
- **Grand Veteran** 70+ 1st

- **Team Award** based on top 3 times for that team.
 - Team Name _____
- **Rotarian Award** to the fastest Rotarian who manages to make it to the finish line (Please list your club _____)

Make checks payable to: **Rotary Club of Yelm** Total Enclosed _____

WAIVER/RELEASE I acknowledge that running/walking is a potentially hazardous activity. I understand that I should not participate in the Prairie Stampede 5K Walk/Run unless I am medically able and properly trained. I agree to abide by any decision of the event organizer relative to my ability to safely complete the race. I assume all risks associated with running/walking in this event, including but not limited to falls, contact with other participants or spectators, the effects of weather and conditions of the course, all risks being known and appreciated by me. I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns, or anyone else who might claim or sue on my behalf, and I hereby waive, release and discharge from any and all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, or theft which may arise out of my participation in this event. I agree not to sue and hold harmless the City of Yelm, Thurston County, the State of Washington, and any and all persons, sponsors, volunteers, participants or government agencies for any and all claims or liabilities that I have waived, released or discharged herein. I grant permission to all of the foregoing to use my name, likeness and identity in any photographs or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, roller skates or inline skates are not allowed in the event and I will abide by this guideline. **All participants must sign below.**

Signature of Runner Signature

(Parent/Guardian if under 18) Date